



Frequently Asked Questions

Q: Will I get to see qualified counselling therapist?

A: Yes both counsellors are qualified professionals with over fourteen years experience each. All counselling sessions are one to one.

Q: What issues do you deal with?

A: Everything

Q: I don't live in Plymouth will you still see me?

A: Yes, we are not confined just to the Plymouth area

Q: What age-group do you work with?

A: On average, 8 years to 80 years of age

Q: Where is the venue?

A: Office 42, HQ business Centre, 237 Union St [PL1 3HQ](#)

Q: Will I have to pay?

A: Yes, but it's low cost professional counselling(contact us)

Q: Why isn't it free?

A: Because we are no longer funded

Q: Do you provide financial assistance?

A: Unfortunately not

Q: I can't make any of the above venue. Are there any alternatives?

A: Yes it is possible to book another venue at additional cost (contact us)

Q: Do you provide telephone counselling?

A: Unfortunately not

Q: Can I arrange a home visit?

A: Our professional liability and indemnity insurers do not cover such an arrangement. However, we can provide video counselling ([eTherapy](#) contact us)

Q: Do I need to bring any documentation with me?

A: No

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